

Where can I go for more help with bullying issues?

There is a lot more Anti-Bullying information on our school's website under Behaviour :

merseyparkprimary.co.uk

For individual advice you can send an email to:
antibullying@merseypark.wirral.sch.uk
and a member of staff will get in touch with you.

You could also get help from these organisations:



www.childline.org.uk



Bullying's not good
Bullying's not cool
Bullying's not accepted
In our school.

Lucy, Year 6



Bullying is a horrible thing!

It is when someone is saying or doing mean things to somebody else over and over again.

Jack and Joshua, Year 4

Produced by the
Anti-Bullying Ambassadors at
Mersey Park Primary School
'Be nice, Work hard, Never give up!'
Elm Road, Tranmere, Wirral CH42 0PH
0151 647 8197
antibullying@merseypark.wirral.sch.uk



WE SAY
NO TO BULLYING
at
Mersey Park
Primary School



What is bullying?

'Bullying is when someone is being mean to someone else, over and over again.'

Carrie and Lennon, Year 5

There are different types of bullying:



Cyber

e.g. Bullying someone online or by phone.

Physical

e.g. Hitting, kicking, taking belongings.

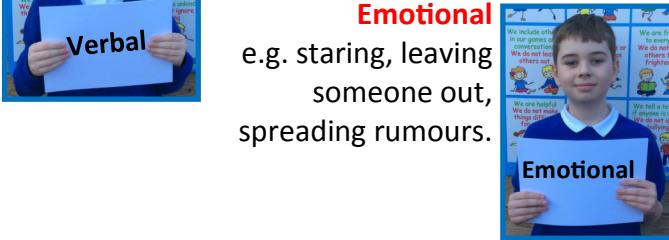


Verbal

e.g. Name calling, hurtful comments, threats.

Emotional

e.g. staring, leaving someone out, spreading rumours.



Racism and Homophobia, Biphobia and Transphobia are very serious types of bullying which are called 'Hate Crimes'.

'Anti-bullying is all the work that we do in school to stop bullying.'

Bailey and Harvey, Year 6

What should I do if I am being bullied?

- Tell a grown up in school or at home;
- Tell an Anti-Bullying Ambassador;
- Tell a friend who you know will help you to tell a grown up;
- Put a note in a Bother Box that a grown up will read.



Who can I tell if I am being bullied?

There are many people you can speak to:

Parent/Carer
Headteacher
Other relatives
Teacher
Mid-Day Assistant
Caretaker
A good friend
Anti-Bullying Ambassador
Office staff
Teaching Assistant



What will happen next?

- The grown up will listen to you and will make a note of what you say.
- They will work with you and the bully or bullies to sort things out.
- They will speak to your parents/carers and the bully or bullies parents/carers.
- They will check in with you until the bullying has stopped.
- They will check that the bullying does not start again.

How does bullying make someone feel?

Alone

Angry

Scared

Anxious

Left out

Worried

Miserable

Frustrated



Unhappy to go to school