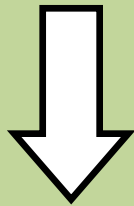


# Mersey Park Primary School Anti-bullying Pathway of Help

**I am being bullied or  
I have seen or heard that  
someone else is being bullied.**



## **1. What should I do?**

- Tell a grown up in school or at home.
- Tell an Anti-Bullying Ambassador.
- Tell a friend who you know will help you and tell a grown up.
- Put a note in a Bother Box that a grown up will read.



## **2. What will happen next?**

- The grown up will listen to you and will make a note of what you say.
- They will work with you and the bully or bullies to sort things out.
- They will speak to your parents/carers and the bully or bullies parents/carers.
- They will check in with you until the bullying has stopped.



## **3. What if the bullying starts again?**

- Tell again - either the same grown up or another grown up that you trust.