

# With face-to-face courses suspended due to COVID-19, all courses are now available online

Enrol today with Wirral's Lifelong Learning Service and give your CV a boost for 2020. If you're unemployed, in receipt of benefits or earn less than £17,550 our courses are completely FREE



## ESOL

Course	Day	Starts	Ends	Time 1st session
ESOL online Pre Entry Speaking and Listening Skills	Mon	27 Apr	06 July	10.00-11.00am
ESOL online Entry 1	Tue	28 Apr	07 July	10.00-11.00am
ESOL online Pre Entry- Getting started	Wed	29 Apr	08 July	10.00-11.00am
ESOL online Entry 1 getting started	Thur	30 Apr	09 July	10.00-11.00am
ESOL Entry 3 Getting Started in Health and Social Care	Fri	01 May	10 July	10.00-11.00am
Flexi ESOL Entry 2	Tues	28 Apr	07 July	10.00-11.00am
Flexi ESOL Entry 3 Getting Started	Wed	29 Apr	08 July	10.00-11.00am
Flexi ESOL Entry 3	Thur	30 Apr	09 July	10.00-11.00am

## MATHS AND ENGLISH

Course	Day	Starts	Ends	Time 1st session
English online-Improve your Reading Skills	Tue	28 Apr	07 July	10.00-11.00am
English online- Improve your skills	Wed	29 Apr	08 July	10.00-11.00am
Literacy Skills online	Fri	01 May	10 July	10.00-11.00am
Flexi Maths- Improve your skills	Mon	27 Apr	06 July	10.00-11.00am
Flexi Maths-Improve your skills	Tue	28 Apr	07 July	10.00-11.00am
Functional Skills Maths online- getting started	Thur	30 Apr	09 July	10.00-11.00am
Basic Budgeting Skills	Fri	05 Jun	12 Jun	10.00-11.00am
Get ready for Functional Skills maths	Fri	19 Jun	10 July	10.00-11.00am

## DIGITAL SKILLS

Course	Day	Starts	Ends	Time 1st session
Digital Skills drop-in*	Mon	27 Apr	06 July	13.00-14.00pm
Easy steps online (intake 1)	Tue	28 Apr	26 May	15.00-16.30pm
Easy steps online (intake 2)	Tue	02 Jun	30 Jun	15.00-16.30pm
Communicating using social media and online Apps**	Thur	30 Apr	09 July	10.00-12.00pm
Online Safety**	Tue	05 May	30 Jun	10.30-11.30am
Using the Internet for household tasks**	Thur	07 May	02 July	13.00-14.00pm

\* single session course every week \*\* single session course every 2 weeks

More information, including details of other courses available, is online: [wirral.gov.uk/lifelonglearning](http://wirral.gov.uk/lifelonglearning)

To book a place please email [lifelonglearning@wirral.gov.uk](mailto:lifelonglearning@wirral.gov.uk) or call 07902 319173.

You must be aged 19 or over to enrol.

## FAMILY LEARNING

Course	Day	Starts	Ends	Time 1st session
Parents online – tips & techniques to teach children at home*	Tue	28 Apr	12 May	10.00-11.00am
Parents online – Reading for age 3 – 7*	Wed	29 Apr	13 May	10.00-11.00am
Support your Child with Maths Online	Wed	29 Apr	08 July	10.00-11.00am
Parents online – supporting phonics for ages 5 – 7*	Thur	30 Apr	14 May	10.00-11.00am
Keeping up with the kids - Maths online	Fri	01 May	22 May	10.00-11.00am
Parents online – STEM*	Tues	05 May	19 May	10.00-11.00am
Parents online – Art & craft*	Wed	06 May	20 May	10.00-11.00am
Parents online – story telling*	Thur	07 May	21 May	10.00-11.00am

\* single session course every two weeks

## MENTAL HEALTH AND WELLBEING

Course	Day	Starts	Ends	Time 1st session
Meditation for Job Interviews, Moving Forward and Improving Mental Wellbeing	Mon	04 May	18 May	11.00-13.00pm
Intro to Children's Mental Health	Wed	06 May	20 May	11.00-13.00pm
Developing Psychological and Physical Resilience in Challenging Times	Thur	07 May	21 May	11.00-13.00pm
Meditation for Job Interviews, Moving Forward and Improving Mental Wellbeing	Thur	04 Jun	18 Jun	11.00-13.00pm
Intro to Children's Mental Health	Mon	08 Jun	22 Jun	11.00-13.00pm
Developing Psychological and Physical Resilience in Challenging Times	Tue	09 Jun	23 Jun	11.00-13.00pm
Developing Emotional Literacy, Course 1 Daytime	Thur	23 Apr	04 Jun	14.00-15.00pm
Developing Emotional Literacy, Course 2 Evening	Thur	21 May	02 July	18.00-19.00pm
Maintaining Well-Being and Stress Management, Course 1 Daytime	Fri	01 May	15 May	14.00-15.00pm
Maintaining Well-Being and Stress Management, Course 2 Evening	Thur	04 Jun	18 Jun	20.00-21.00pm
Maintaining Well-Being and Stress Management, Course 3 Evening	Tues	16 Jun	30 Jun	19.30-20.30pm
Wellness Education (Motivational Monday), Course 1 Daytime	Mon	04 May	15 Jun	10.00-11.00am
Wellness Education (Motivational Monday), Course 2 Evening	Mon	11 May	22 Jun	20.00-21.00pm
Developing Positive Communication, Course 1 Evening	Thur	30 Apr	21 May	20.00-21.00pm
Developing Positive Communication, Course 2 Daytime	Thur	02 Jun	23 Jun	11.00-12.00pm
Digital Parenting Safeguarding Awareness	Fri	24 Apr	24 Apr	10.00-12.00pm
Digital Parenting Safeguarding Awareness	Wed	03 Jun	03 Jun	14.00-16.00pm
Managing Stress & Anxiety	Wed	06 May	06 May	10.00-12.00pm
Managing Stress & Anxiety	Fri	19 Jun	19 Jun	14.00-16.00pm
Wellbeing & Resilience	Fri	22 May	22 May	10.00-12.00pm
Wellbeing & Resilience	Wed	01 July	01 July	14.00-16.00pm

## TEACHING ASSISTANT

Course	Day	Starts	Ends	Time 1st session
Teaching Assistant workshop	Thur	07 May	07 May	10.00-11.00am

More information, including details of other courses available, is online: [wirral.gov.uk/lifelonglearning](http://wirral.gov.uk/lifelonglearning)  
 To book a place please email [lifelonglearning@wirral.gov.uk](mailto:lifelonglearning@wirral.gov.uk) or call 07902 319173.  
 You must be aged 19 or over to enrol.