

Week beginning 11th May 2020



Hello again Year 1! This week is full of fun activities for you to try at home. Keep looking out on Purple Mash for new 2Dos and Bug Club for new books each day. We are really enjoying marking your work and reading your blogs. Has anyone seen the videos of Miss Williams, Mrs Gopsill and Mrs Eccles on twitter yet?

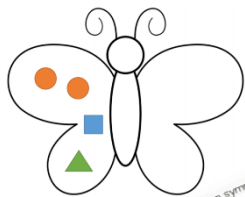
Maths:

Butterfly symmetrical challenge. Can you add shapes to these butterflies so that they are

symmetrical?

Symmetrical: The same on both sides.

Q1. Here is a design of a butterfly pizza. Complete the other half so it is symmetrical.

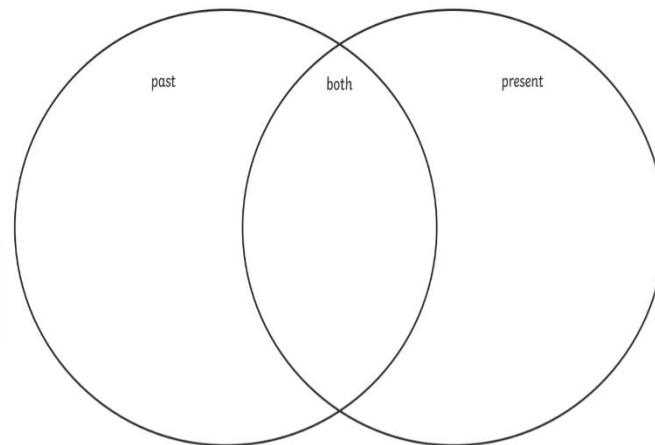


Q2. Design your own symmetrical butterfly.



History:

Can you research the difference between seashores in the past and seashores today. Write your ideas on a Venn diagram. You are looking for the different clothes, different activities and different food. Has anything stayed the same?



Literacy:

During the seaside topic we will be learning all about beaches. After reading this fact sheet about beaches and had a think about whether you can ever been to the

seaside. Can you write a description about it?

Describe a day out at the seaside.

Where is it?

What can

you do there?

What would you eat?

All About Beaches

What Is a Beach?

- It is made of sand or pebbles.
- It is found next to water.



Beach Activities

You can have lots of fun at the beach. You could:

- build a sandcastle;
- go for a swim in the water;
- play a ball game;
- have a picnic.



Popular UK Beaches

There are over 200 beaches in the UK.

Scarborough

Blackpool

Brighton



Five minute Challenge:

Have a go at these challenges at home. You could post your answers on the Year 1 Purple Mash blog.

Can you think of a name for each letter of the alphabet?
For example, Ava, Ben, Charlie...

Find each digit from 0-9 somewhere in your house or garden.
0 1 2 3 4 5 6 7 8 9

Write or draw the perfect menu - starter, main and dessert.



Make a Mindful Lava Lamp

Being mindful is all about learning to pay attention.

We can learn to pay attention, settle the mind and be mindful at any time of the day.

All you need to do is focus on what you are doing!

By learning to focus, we can settle and become calm, in both the mind and the body.

To help us with this we can have special games or activities that we can use to practice mindfulness.

This activity allows us to be mindful scientists. This is a simple mindful experiment that we can use to help us feel calm when we feel stressed, worried, frustrated, sad or angry.

Preparation

You will need:

- An empty and clean jar or bottle
- Water
- Vegetable oil
- Food colouring
- Bicarbonate of soda



Instructions

(Please ask for help from an adult when making the lava lamp.)

1. Start by filling the jar or bottle with vegetable oil almost to the top, remembering to leave a little space.
2. Then, fill the rest of the jar or bottle with water. The water will drop to the bottom below the oil.
3. Next, add a few drops of food colouring to the jar or bottle.
4. Watch as the food colouring sinks down and changes the colour of the water.
5. Put a small amount of bicarbonate of soda into the jar and watch as the lava lamp comes alive!

Daily Exercise:

Get moving and try these outdoor exercise cards.



How many times can you bounce a ball?



Do 5 star jumps.



Make a trail and follow it.

Mindfulness:

Ask your grown-ups if they will help you to make a lava lamp at home.