

Be Prepared



Look at your timetable and make sure you know where to go and when.

Be Enthusiastic



Teachers won't expect you to get every answer right, but they will be impressed if you try your best and 'have a go' at learning new things.

Be Organised

Make sure you have the right books and equipment with you for each lesson.



Be Brave

It might seem hard to make new friends, but everyone is feeling the same way. Say hello!

Surviving Secondary School

Top Tips!

Be Resilient

Sometimes things won't go your way. This is normal and happens to everyone, so don't worry. Just say to yourself, 'tomorrow's another day!'

Be Kind

If someone else seems to be having a hard time, try to help. This is a good way to make friends and hopefully they will return the favour.



Be Honest



If you do something wrong or forget something, it's much better to own up straight away.

Be Yourself

Believe in yourself!
You can do it!