

Mersey Park Primary School



Headteacher's Newsletter - October 2022

National Poetry Day

"National Poetry Day is the annual mass celebration on the first Thursday of October that encourages everyone to make, experience and share poetry with family and friends. Each year we come together because voices, words and stories help to bridge understanding in our community".

National Poetry Day is on **Thursday 6th October**. The children will be marking the day by reading, learning and enjoying all different styles of poetry.

We will be sending home a short poem for the children to learn and then recite for their class and friends. More details will follow soon.



October Dates to Remember

National Poetry Day
Thursday 6th October



Year 3 Visit to Birkenhead Park
Class 3B
Friday 7th October



Year 1 Visit to Royden Park
Tuesday 11th October



Year 3 Visit to Birkenhead Park
Class 3C
Wednesday 12th October



Individual Pupil Photographs
Monday 17th October



Year 4 Visit to Chester
Wednesday 19th October



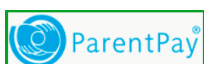
Half term Holiday
Monday 24th October -
Friday 28th October



ParentPay

As we are unable to accept cash payments in school please ensure you have set up your account on ParentPay. This will enable you to pay directly for school trips, toast, activities and school meals.

Please call in to the school office if you need any assistance.



Follow Us @MPPS_Wirral

"Be Nice, Work Hard, Never Give up"

Recipe of the Month

Each month we will be adding a new healthy, easy to follow and inexpensive recipe to our newsletter.

Read on to see October's Recipe of the Month.





Easy Chicken Stew

By Miriam Nice

Preparation time: 10 mins

Cooking time: 50 mins

Serves: 4

Make this healthy Chicken stew—it's simple and perfect for a filling family supper.

Ingredients

- 1 tbsp olive oil
 - 1 bunch spring onions , sliced, white and green parts separated
 - 1 small swede (350g), peeled and chopped into small pieces
 - 400g potatoes , peeled and chopped into small pieces
 - 8 skinless boneless chicken thighs
 - 1 tbsp Dijon mustard
 - 500ml chicken stock
 - 200g Savoy cabbage or spring cabbage, sliced
 - 2 tsp cornflour (optional)
- crusty bread or cheese scones, to serve (optional)

Method

Step 1

Heat the oil in a large saucepan. Add the white spring onion slices and fry for 1 minute to soften. Tip in the swede and potatoes and cook for 2-3 minutes more, then add the chicken, mustard and stock. Cover and cook for 35 minutes, or until the vegetables are tender and the chicken cooked through.

Step 2

Add the cabbage and simmer for another 5 minutes. If the stew looks too thin, mix the cornflour with 1 tablespoon of cold water and pour a couple of teaspoons into the pan; let the stew bubble and thicken, then check again. If it's still too thin, add a little more of the cornflour mix and let the stew bubble and thicken some more.

Step 3

Season to taste with salt and pepper, then spoon the stew into deep bowls. Scatter over the green spring onion slices and serve with crusty bread or warm cheese scones.

Click [here](#) to go to the BBC Good Food site to download the recipe

myHappyminds

This autumn term has seen the launch of 'myHappymind' across school. myHappymind teaches children how their brain works and supports them in developing positive skills and habits to be their very best selves!

Through a series of assemblies and lessons, the children are taught preventative habits that support positive mental health, resilience and self-esteem.

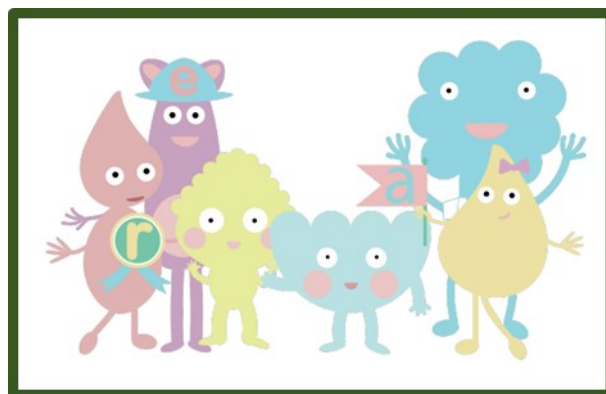
The myHappymind assemblies and lessons help the children to:

- Feel happier
- Know what to do when they feel worried or stressed
- Improve their focus and learn more
- Achieve more of the goals that they set for themselves
- Develop better relationships with friends and families
- Feel great about who they are and have positive self esteem

To further embed this learning, myHappymind has developed a set of resources for parents. These resources can be accessed online on your computer, or through an app on your phone. The resources allow children to continue to practise some of the habits they have developed at school, such as happy breathing, and for you to learn more about what they are learning in the program. Also included are activities for you to do together at home, to complement the in-school lessons.

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email, and authentication code. Your authentication code is **105042**.

We really encourage you to make use of this free content so that you can support your child in getting the best out of the curriculum. If you have any further questions, please speak to your child's class teacher.



Parking!

For the safety of all our children and the whole school community, please can we remind all parents/carers who come to school in their car at the start of the day and/or at the end of the day of the following:

- Do not park or stop on the yellow zig zag.
- Do not park in between the 'don't park here' signs.
- Do not stop your car in the middle of the road to drop your child off.
- Do not park/use the staff car park.



Thank you!



Home/School Discussions

Home/School discussions will take place during the week beginning Monday 17th October. All appointments will be held in school with your child's class teacher.

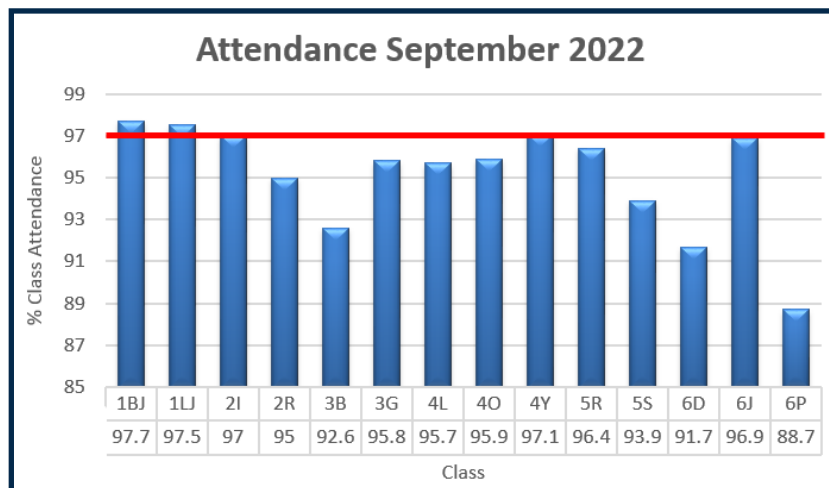
It is important that the teachers have contact with you to update you on how your child has settled into their new year group and how they are working.

Letters with all the details will be issued via our Parent App shortly.



Attendance

Current whole school attendance is 95.8%, which falls below our school target of 97%. The class with the best attendance this year is **1BJ** with 97.7% - congratulations! All the classes with attendance below the red line are working hard in school to try to improve their attendance.



Attendance Rewards

The class with the best attendance each week are the winners of the Attendance League in school. They enjoy having Daley Bear in class for the following week and one pupil in the class wins the box of chocolates raffle to take home a treat to share with their family.

We also award our £5 for 5 award, randomly selecting a pupil's name each week. If they have been in school all 5 days they win the £5 note, if not the money rolls over to the next week.

Our class 'Potato Head' challenge starts each class with an empty 'Potato Head' and every week that their attendance is 97% or more they receive a body part to add to their 'Potato Head'. Ask your child how many body parts their class 'Potato Head' has already gained and what they have decided to call it!

Attendance Advice

Please ensure that your child is in school every day on time, as this provides them with the best possible chance to make expected progress in all their learning and to maintain positive well-being.

If you need to book medical appointments please arrange these for after school, or during a school holiday, wherever possible.

Leave of absence for holidays taken in term time will only be authorised in exceptional circumstances, and must be requested by completing a Leave of Absence Request form available from the school office.

Support

If you are concerned about your child's attendance or punctuality please speak to your child's classteacher or Mrs Hardy (Home/School Liaison Officer) who will be able to offer support.

More information about attendance and punctuality can be found on the school's website at: <https://merseyparkprimary.co.uk/key-information/attendance-punctuality/>

Nasal Flu Immunisation Programme—Autumn 2021



We have recently sent details, via email and our Parent App, regarding the flu immunisation programme. This year you are able to give online consent for your child/children to receive their nasal flu immunisation in school. This will take place on **Friday 25th November 2022**.

Please see details below.

Introducing e-Consent forms for school aged vaccinations across schools in Wirral

e-Consent...it's so easy!

Working in partnership with Wirral Community Health and Care NHS Foundation Trust, we're delighted to introduce a new way for our parents and carers to consent to their school aged children's vaccinations.

[You can now provide e-Consent for all your child's vaccinations with the click of a button, using your mobile phone, computer, laptop or tablet.](#)

The new e-Consent process is:

- safe and secure
- easy to use
- convenient and saves time

friendly to the environment - saves paper

How it works:

you'll receive an email or text from ourselves with a link to the e-Consent form

the form is simple and easy to complete

once you've completed the e-Consent form, click 'submit'

you'll receive an email to confirm the form has been received securely

the Trust's Immunisation Team will receive your child's form via a secure portal

if you've consented, your child will have their vaccine here in school

Remember, the new e-Consent process is easy, secure and convenient!

For information of ALL school age vaccinations please visit [NHS website](#)

To complete your child's vaccination e-Consent forms please use the following - [Link to E-consent form](#)

Each school has a unique code to access the consent, please see your child's school code below.

SCHOOL: Mersey Park Primary School CODE: WC105042

If you have any queries about the new e-Consent process, please call the Immunisation Team on 0151 514 2510.