
















Mersey Park Primary School Menu - Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pizza A wholemeal pizza base topped with a homemade tomato sauce, cheese, and toppings. Choose from: Cheese & Tomato Pepperoni Or Ham & Pineapple Served potato wedges.</p> 	 <p>Meatballs Choose from fresh pork meatballs or Quorn balls served in a homemade tomato served with spaghetti pasta and broccoli</p>	<p>Roast Dinner Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding, vegetables, and gravy.</p> 	 <p>Crispy Chicken Wrap Choose from crispy chicken goujons or Quorn goujons served in a flour tortilla with shredded lettuce and sauces - choose from garlic mayo, sweet chilli, or BBQ. Served with corn on the cob and Savoury rice</p>	<p>Fish 'Fry Day' Choose from either oven baked battered cod or vegetable nuggets served with chips and mushy peas or baked beans.</p> <p>Curry sauce also available</p> 
<i>or</i>				
<i>Jacket Potatoes, paninis, sandwiches and wraps also available daily as a hot alternative</i>				
Dessert <i>yogurts, fresh fruit, and cheese & biscuits are also served daily</i>				
<i>Shortbread</i>	<i>Lemon Sponge</i>	<i>Ice Cream</i>	<i>Chocolate Cookie</i>	<i>Flapjack</i>

Mersey Park Primary School Menu - Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Hot Dogs Choose from butcher's quality sausage or a Quorn sausage served in a finger roll with fresh potato wedges and corn on the cob</p> 	 <p>Spaghetti Bolognese Choose from fresh minced beef or Vegimince cooked with onions, garlic, tomato, and herbs. Served on a bed of pasta with broccoli</p>	<p>Roast Dinner Choose from home roasted beef or a Quorn Fillet served with roast potatoes, Yorkshire pudding, vegetables, and gravy.</p> 	 <p>Curry Day Choose from creamy chicken curry or creamy Quorn curry served on a bed of rice with green beans</p>	<p>Fish 'Fry Day' Choose from either oven cod fillet fish fingers or vegetable nuggets served with chips and mushy peas or baked beans.</p> <p>Curry sauce also available</p> 
<i>or</i>				
<i>Jacket Potatoes, paninis, sandwiches and wraps also available daily as a hot alternative</i>				
Dessert <i>yogurts, fresh fruit and cheese & biscuits are also served daily</i>				
Chocolate Fudge Cake & Cream	Chocolate Muffin	Jelly & Cream	Iced Vanilla Sponge	Vanilla Cookie

Mersey Park Primary School Menu - Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sausage & Mash</p> <p>Choose from a Butcher's quality sausage or Quorn sausage served with mashed potatoes, peas, and gravy</p> 	 <p>Burger Day</p> <p>Choose from either and butchers quality burger, a chicken fillet burger or a Quorn burger served in a bun with fresh potato wedges, corn on the cob and salad</p>	<p>Roast Dinner</p> <p>Choose from home roasted gammon or a Quorn fillet served with roast potatoes, Yorkshire pudding, vegetables, and gravy.</p> 	 <p>Katsu Curry</p> <p>Choose from breaded chicken goujons or Quorn goujons served on a bed of basmatti rice with a homemade Katsu curry sauce and broccoli</p>	<p>Fish 'Fry Day'</p> <p>Choose from either oven cod fillet fish fingers or vegetable nuggets served with chips and mushy peas or baked beans.</p> <p>Curry sauce also available</p> 
<i>or</i>				
<i>Jacket Potatoes, paninis, sandwiches and wraps also available daily as a hot alternative</i>				
<p>Dessert</p> <p>yogurts, fresh fruit and cheese & biscuits are also served daily</p>				
<i>Viennese Whirl</i>	<i>Chocolate Muffin</i>	<i>Ice Cream</i>	<i>Orange Cake</i>	<i>Chocolate Brownie</i>