



Mersey Park Primary School Menu - Week 1

MONDAY

Pízza

A wholemeal pizza base topped with a homemade tomato sauce, cheese, and toppings. Choose from:
Cheese & Tomato
Pepperoni
Or Ham & Pineapple
Served potato wedges.



TUESDAY



Meatballs
Choose from fresh pork
meatballs or Quorn balls
served in a homemade
tomato served with
spaghetti pasta and
broccoli

WEDNESDAY

Roast Dinner Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding, vegetables, and gravy.



THURSDAY



Crispy Chicken Wrap
Choose from crispy chicken
goujons or Quorn goujons
served in a flour tortilla
with shredded lettuce and
sauces - choose from garlic
mayo, sweet chilli, or BBQ.
Served with corn on the
cob and Savoury rice

FRIDAY

Fish 'Fry Day'
Choose from either oven baked battered cod or vegetable nuggets served with chips and mushy peas or baked beans.

Curry sauce also available



or

Jacket Potatoes, panínis, sandwiches and wraps also available daily as a hot alternative

Dessert yogurts, fresh fruit, and cheese & biscuits are also served daily Shortbread Lemon Sponge Ice Cream Chocolate Cookie Flapjack



roll with fresh potato

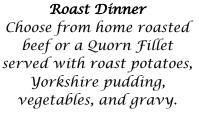
wedges and corn on the cob



Mersey Park Primary School Menu - Week 2

TUESDAY WEDNESDAY THURSDAY MONDAY Roast Dinner Hot Dogs Choose from home roasted Choose from butcher's beef or a Quorn Fillet quality sausage or a Quorn served with roast potatoes, sausage served in a finger









Curry Day Choose from creamy chicken curry or creamy Quorn curry served on a bed of rice with green beans

FRIDAY

Fish 'Fry Day' Choose from either oven cod fillet fish fingers or vegetable nuggets served with chips and mushy peas or baked beans.

Curry sauce also available



or

Jacket Potatoes, panínis, sandwiches and wraps also available daily as a hot alternative

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	Dessert yogurts, fresh fruit and cheese & biscuits are also served daily						
	Chocolate Fudge Cake & Cream	Chocolate Muffin	Jelly & Cream	Iced Vanilla Sponge	Vanilla Cookie		





Mersey Park Primary School Menu - Week 3

TUESDAY WEDNESDAY THURSDAY MONDAY FRIDAY Fish 'Fry Day' Sausage & Mash Roast Dinner Choose from either oven Choose from home roasted cod fillet fish fingers or Choose from a Butcher's gammon or a Quorn fillet vegetable nuggets served quality sausage or Quorn served with roast potatoes, with chips and mushy peas sausage served with *Yorkshire* pudding, or baked beans. mashed potatoes, peas, and vegetables, and gravy. gravy Curry sauce also available Burger Day Katsu Curry Choose from either and Choose from breaded butchers quality burger, a chicken goujons or Quorn chicken fillet burger or a goujons served on a bed of Quorn burger served in a basmatti rice with a bun with fresh potato homemeade Katsu curry wedges, corn on the cob sauce and broccoli and salad

or

Jacket Potatoes, panínis, sandwiches and wraps also available daily as a hot alternative

Dessert yogurts, fresh fruit and cheese & biscuits are also served daily						