



Mersey Park Primary School Menu - Week 1

момдау	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Pízza A wholemeal pizza base topped with a homemade tomato sauce, cheese, and toppings. Choose from: Cheese & Tomato Pepperoni Or Ham & Pineapple Served potato wedges.	Meatballs Choose from fresh pork meatballs or Quorn balls served in a homemade tomato served with spaghetti pasta and broccoli	Roast Dinner Choose from home roasted breast of turkey or a Quorn fillet served with roast potatoes, Yorkshire pudding, vegetables, and gravy.	Crispy Chicken Wrap Choose from crispy chicken goujons or Quorn goujons served in a flour tortilla with shredded lettuce and sauces - choose from garlic mayo, sweet chilli, or BBQ. Served with corn on the cob and Savoury rice	Fish 'Fry Day' Choose from either oven baked battered cod or vegetable nuggets served with chips and mushy peas or baked beans. Curry sauce also available			
or							
Jacket Potatoes, panínís, sandwiches and wraps also available daily as a hot alternative							
Dessert yogurts, fresh fruit, and cheese & biscuits are also served daily							
Shortbread	Lemon Sponge	Ice Cream	Chocolate Cookie	Flapjack			





Mersey Park Primary School Menu - Week 2

WEDNESDAY THURSDAY MONDAY TUESDAY FRIDAY Roast Dinner Fish 'Fry Day' Hot Dogs Choose from home roasted beef or a Choose from either oven cod fillet fish Choose from butcher's quality sausage Quorn Fillet served with roast fingers or vegetable nuggets served with or a Quorn sausage served in a finger potatoes, Yorkshire pudding, chips and mushy peas or baked beans. roll with fresh potato wedges and corn vegetables, and gravy. on the cob Curry sauce also available Spaghettí Bolognaíse Choose from fresh minced beef or Curry Day Vegimince cooked with onions, Choose from creamy chicken curry or garlic, tomato, and herbs. Served creamy Quorn curry served on a bed of on a bed of pasta with broccoli rice with green beans or Jacket Potatoes, panínis, sandwiches and wraps also available daily as a hot alternative Dessert yogurts, fresh fruit and cheese & biscuits are also served daily Chocolate Fudge Cake & Cream Iced Vanilla Sponge Chocolate Muffin Vanilla Cookie Jelly & Cream





Mersey Park Primary School Menu - Week 3

MOAM A11	σαισεσιανι	WEDAKED AN	THINKS AN	TO IO AN			
Sausage & Mash Choose from a Butcher's quality sausage or Quorn sausage served with mashed potatoes, peas, and gravy	TUESDAY Burger Day Choose from either and butchers quality burger, a chicken fillet burger or a Quorn burger served in a bun with fresh potato wedges, corn on the cob and salad	Roast Dinner Choose from home roasted gammon or a Quorn fillet served with roast potatoes, Yorkshire pudding, vegetables, and gravy.	THURSDAY Katsu Curry Choose from breaded chicken goujons or Quorn goujons served on a bed of basmatti rice with a homemeade Katsu curry sauce and broccoli	FRIDAY Fish 'Fry Day' Choose from either oven cod fillet fish fingers or vegetable nuggets served with chips and mushy peas or baked beans. Curry sauce also available			
or							
Jacket Potatoes, panínís, sandwiches and wraps also available daily as a hot alternative							
Dessert yogurts, fresh fruit and cheese & biscuits are also served daily							
Viennese Whirl	Chocolate Muffin	Ice Cream	Orange Cake	Chocolate Brownie			