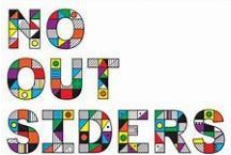










Mersey Park Primary School Personal Development

Autumn					
	EYFS	Key Stage One	Lower Key Stage Two	Upper Key Stage Two	Whole School
<p>No Outsiders</p> 	<p><i>You Choose</i> – Nick Sharratt and Pippa Goodheart <i>Red Rockets and Rainbow Jelly</i> – Sue Heap and Nick Sharratt</p>	<p><i>Elmer</i> – David McKee <i>Going to the Volcano</i> – Andy Stanton <i>Can I Join Your Club?</i> – John Kelly and Steph Laberis <i>Super Duper You</i> – Sophy Henn <i>How to be a Lion</i> – Ed Vere</p>	<p><i>This is Our House</i> – Michael Rosen <i>The Suitcase</i> - Chris Naylor Ballesteros <i>We're all Wonders</i> – R J Palacio <i>Along Came a Different</i> – Tom McLaughlin <i>Dogs don't do Ballet</i> – Anna Kemp and Sarah Oglivie</p>	<p><i>Kenny Lives with Erica and Martina</i> – Olly Pike <i>Rose Blanche</i> – Ian McEwan and Roberto Innocenti <i>King of the Sky</i> – Nicola Davis <i>The Only Way is Badger</i> – Stella J Jones and Carmen Saldana</p>	<p>Events: Church visits and events Harvest event Remembrance Day Children in Need Learning Buddies Feel Good Friday</p> <p>Themed Weeks: E-Safety Week Peace Week Anti-bullying Week</p> <p>Committee Meetings: My Health Mind and Body Eco Team Pupil Community Group E-Safety Cadets Mini Ofsted</p> <p>Additional Anti-Bullying contract Democracy- voting P4C Sleep awareness Outdoor classroom</p>
<p>Jigsaw</p> 	<p><i>Being Me in My World</i> Understanding feelings Being in a classroom Being gentle Rights and Responsibilities <i>Celebrating Difference</i> Identifying talents Being special Making friends</p>	<p><i>Being Me in My World</i> Feeling special Feeling safe Responsibilities Teamwork <i>Celebrating Differences</i> Friendship Uniqueness Bullying Acceptance</p>	<p><i>Being Me in My World</i> Personal goals Rules, rights and responsibilities Democracy Having a voice <i>Celebrating Differences</i> Bullying and how to deal with it Compliments Accepting self and others</p>	<p><i>Being Me in My World</i> Identifying goals Rights and responsibilities Choices, consequences and rewards <i>Celebrating Differences</i> Racism and cultural identify Bullying Exclusion and inclusion</p>	
<p>MyhappyMind</p> 	<p><i>Meet the Brain and Celebrate</i> Understanding of feelings Work and play cooperatively Show sensitivity</p>	<p><i>Meet the Brain</i> What is the brain How it controls our emotions and decision making <i>Celebrate</i> Character strengths and examples in action</p>	<p><i>Meet the Brain</i> Team H-A-P and our emotions Amygdala and evolution <i>Celebrate</i> Character growth Neuroplasticity and habit making</p>	<p><i>Meet the Brain</i> Difference between brain and mind Dopamine and cortisol Growth mindset and self-regulation <i>Celebrate</i> Hippocampus</p>	

Mersey Park Primary School Personal Development

Autumn					
Kapow Well-being 	Well-being: Take Notice - My Surroundings	Well-being: Take Notice - Sound, Colour and Expression	Well-being: Take Notice - Making a difference and My Thoughts	Well-being: Take Notice - Others around me and My Thoughts	
Think Equal 	Range of books and themes selected from the 'Think Equal' list.				
Ariel Trust 				Cybersense De-escalation Feelings and cyberbullying Empowering the bystander	
Additional Activities	Mersey Bear Rules New friendships Sharing Expressing feelings Performance for parents	Fire safety- trip Royden Park trip Performance for whole school and parents	Birkenhead Park visit Chester visit- culture	Liverpool museum visit Mini Police events, for example bike marking Play Leaders 'To the Edge' workshop Bikeability	
Enrichment Activities		Maths Club Story Explorers Coding	Recorders Cooking Bible Club	Outdoor Adventures Football (TRFC) Choir	
Assembly Themes, including British Values		Democracy Growth Mindset Rule of Law Resilience	Attendance No Outsiders Remembrance Sleep	Self esteem Healthy Eating Anti-bullying	




Mersey Park Primary School Personal Development

Spring					
	EYFS	Key Stage One	Lower Key Stage Two	Upper Key Stage Two	Whole School
<p>No Outsiders</p> 	<p><i>Hello Hello</i> – Brendan Wenzel <i>Ten Little Pirates</i> – Mike Brownlow and Simon Rickarty</p>	<p><i>Want to Play Trucks?</i> – Ann Stott and Bob Graham <i>Hair, It's a Family Affair</i> – Mylo Freeman <i>The Great Big Book of Families</i> – Mary Hoffman and Ros Asquith <i>Amazing</i> – Steve Antony</p>	<p><i>Beegu</i> – Alexis Deacon <i>The Truth about Old People</i> – Elina Ellis <i>Red: A Crayon's Story</i> – Michael Hall <i>King and King</i> – Linda de <i>Hann and Stem Nijland</i> <i>Aalfred and Aalbert</i> – Morag Hood</p>	<p><i>Mixed</i> – Arree Chung <i>How to Heal a Broken Wing</i> – Bob Graham <i>Leaf</i> – Sandra Dieckmann <i>The Island</i> – Armin Greder</p>	<p>Events: Church visits and events Learning Buddies Feel Good Friday Comic Relief/Sport Relief</p> <p>Themed Weeks: Internet Safety Week</p> <p>Committee Meetings: My Health Mind and Body Eco Team Pupil Community Group E-Safety Cadets</p> <p>Additional Outdoor classroom</p>
<p>Jigsaw</p> 	<p><i>Dreams and Goals</i> Challenges Goal setting Seeking help Jobs <i>Healthy Me</i> Exercising bodies Healthy Food Sleep</p>	<p><i>Dreams and Goals</i> Learning strengths Challenges Teamwork Achievement <i>Healthy Me</i> Health and hygiene Safety Sleep and relaxation</p>	<p><i>Dreams and Goals</i> Challenges and success Motivation and enthusiasm Overcoming disappointment <i>Healthy Me</i> Exercise Attitude towards drugs, smoking and alcohol</p>	<p><i>Dreams and Goals</i> Jobs and careers Motivation Compliments <i>Healthy Me</i> Smoking, including vaping Anti-social behaviour Exploitation, including county lines</p>	
<p>MyhappyMind</p> 	<p><i>Appreciate</i> <i>Relate</i> Give focussed attention Explain reasons for rules Form positive attachments</p>	<p><i>Appreciate</i> What does appreciate mean Wheel of Gratitude <i>Relate</i> Active listening 'Stop, Understand, Consider'</p>	<p><i>Appreciate</i> Impact of appreciation on the brain Attitude of Gratitude <i>Relate</i> Other perspectives Active listening Considering others</p>	<p><i>Appreciate</i> Deeper levels of gratitude Resilience and gratitude <i>Relate</i> Five character strengths and virtues Transferable skills</p>	




Mersey Park Primary School Personal Development

Spring					
<p>Kapow Well-being</p> 	<p>Discover Trying something new Give Kind words</p>	<p>Discover Making mistakes Perseverance Give Sharing and curiosity</p>	<p>Discover Practice makes progress Resilience Give Appreciation Giving to my community</p>	<p>Discover Growth Mindset Goal Setting Give Pay it forward Apologising</p>	
<p>Think Equal</p> 	<p>Range of books and themes selected from the 'Think Equal' list.</p>				
<p>Ariel Trust</p> 				<p>Skills to Resist Radicalisation Positive communication Critical thinking Identifying fake news</p>	
<p>Additional Activities</p>	<p>Chinese New Year Planting flowers Stick insects Understanding others Healthy diet Taking turns</p>	<p>Local area walks</p>	<p>Liverpool visit- culture Performance for whole school and parents</p>	<p>Mini Police Activities Play Leaders Drugs Awareness – Police run workshop Debate Academy Residential Trip - Malham</p>	
<p>Enrichment Activities</p>		<p>Board Games Music Arts and Craft Drama and Dance Textiles</p>	<p>Gymnastics/Cheerleading Arts and Craft</p>	<p>Dungeons and Dragons Football Fitness SATS Booster</p>	
<p>Assembly Themes, including British Values</p>		<p>Liberty Cyber Bullying Respect and Tolerance</p>	<p>Attendance No Outsiders</p>	<p>Growth Mindset Peer Pressure</p>	

Mersey Park Primary School Personal Development

Summer					
	EYFS	Key Stage One	Lower Key Stage Two	Upper Key Stage Two	Whole School
<p>No Outsiders</p> 	<p>Mommy, Mama and Me – Leslea Newman and Carol Thompson Blue Chameleon – Emily Gravett</p>	<p>My World, Your World – Melanie Walsh Max the Champion – Sean Stockdale. Errol's Garden – Gillian Hibbs What the Jackdaw Saw – Julia Donaldson and Nick Sharratt All are Welcome – Alexandra Penfold and Suzanne Kaufman</p>	<p>The Hueys in the New Jumper – Oliver Jeffers Planet Omar: Accidental Trouble Magnet – Zanib Mian When Sadness Comes to Call – Eva Eland Julian is a Mermaid – Jessica Love</p>	<p>The Girls – Lauren Lee and Jenny Lovlie And Tango Makes Three – Justin Richardson and Peter Parnell Introducing Teddy – Jessica Walton and Dougal MacPherson A Day in the Life of Marlon Bundo – Marlon Bundo and Jill Twiss</p>	<p>Events: Sports Day</p> <p>Committee Meetings: My Health Mind and Body Eco Team Pupil Community Group E-Safety Cadets</p> <p>Additional Outdoor classroom</p>
<p>Jigsaw</p> 	<p>Relationships Family Life Friendships Falling out Dealing with bullying Changing Me Bodies Respecting my body Growing up Celebrations</p>	<p>Relationships Family and friends Feelings Physical contact Conflict resolution Changing Me Body parts Physical changes Acceptance and respect Independence</p>	<p>Relationships Online safety Family roles and responsibilities Love and loss Changing Me Inside and outside body changes Having a baby Puberty</p>	<p>Relationships Safe online communities Rights and responsibilities online Power and control Online grooming Changing Me Self and body image Puberty – boys and girls Respect and consent</p>	
<p>MyhappyMind</p> 	<p>Engage Set and work towards simple goals Develop impulse control Be confident to try new activities</p>	<p>Engage Goal setting and Team H-A-P Three steps to goal setting</p>	<p>Engage Paying attention and applying effort Perseverance and resilience Goal setting and Dopamine</p>	<p>Engage Energy levels and the Amygdala Transferring skills to secondary school</p>	

Mersey Park Primary School Personal Development

Summer					
<p>Kapow Well-being</p> 	<p>Connect Similarities and Differences</p>	<p>Connect: Understanding Others Compliments</p>	<p>Connect: Shared Interests Pen pals</p>	<p>Connect: Working Together Community</p>	
<p>Think Equal</p> 	<p>Range of books and themes selected from the 'Think Equal' list.</p>				
<p>Ariel Trust</p> 				<p>Safe Skills Empowering the bystander When to intervene</p>	
<p>Additional Activities</p>	<p>Sleep Hygiene New environments Caterpillars to Butterflies</p>	<p>Beach visit Eastham wood visit</p>	<p>Residential trip- Barnstondale Port Sunlight visit House of Commons Visit</p>	<p>Mini Police events Play leaders Hilbre Island visit Residential trip- Conway Centre Performance Transition Workshops and Transition Day Mayan Event Leaver's Assembly Red Cross Workshop – Empathy and Migration Fire Champions House of Commons Visit</p>	
<p>Enrichment Activities</p>	<p>Fun Outdoors</p>	<p>Fun with Phonics Gardening</p>	<p>Drama</p>	<p>Sewing Netball Dance Cross Stitch</p>	

Mersey Park Primary School Personal Development

Summer					
Assembly Themes, including British Values		Personal Safety No Outsiders	Attendance Growth Mindset	Body Image	